



PROVIDENCE HOSPITALS

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**PROVIDENCE HOSPITALS RECEIVES PREVENTION PARTNERS' GOLD HONORS
FOR PROVIDING A HEALTHY WORKPLACE**

COLUMBIA, SC –Providence Hospital Downtown and Providence Hospital Northeast have received BOTH the esteemed Prevention Partners' Gold Medal and Gold Star Recognition. The Gold Medal is awarded to organizations that achieve the highest standard of excellence for worksite wellness by providing and promoting physical activity opportunities to employees during work hours. The Gold Star Recognition is awarded to organizations that achieve excellence in having 100% tobacco-free campuses and that provide high quality tobacco cessation services to employees.

Some of the programs Providence uses to promote a healthy workplace include onsite fitness facilities, mapped walking paths, standing desks, work station "pocket gyms," movement classes, and stair challenges. Many of their programs are tied to incentives such as cash prizes or insurance savings. Because Providence views health as a whole body project, it also provides programs to help with stress relief.

With respect to tobacco policies, Providence maintains completely smoke-free campuses and offers smoking cessation programs including *Beat the Pack*, a free weekly educational lunch session.

"As a community healthcare leader, Providence strives to live its message of good health by creating ways for employees to make healthy choices throughout their work environment and at home," said Carmen Wilson, MHA, ATC, Director of Population Health for Providence Hospitals. "It's great to be part of an organization whose leadership understands the importance of a healthy staff."

Providence had previously been recognized with a Golden Apple Award for its healthy food incentives and provisions.

About Providence Hospitals:

A part of LifePoint Health, Providence Hospitals is the leading provider of cardiovascular and orthopedic services in the Midlands. Providence is composed of two hospitals, thirteen

physician practices, a network of rehabilitation centers, two sleep centers, a school of cardiac diagnostics and an accredited chest pain center. In total, Providence employs more than 2,000 dedicated staff. Founded in 1938 by the Sisters of Charity of St. Augustine, Providence is known statewide for outstanding clinical quality and compassionate care. The Providence open-heart surgery program has ranked consistently in the top 15 percent of open heart programs for the past six and one-half years. Both the orthopedics and cardiac services have received the South Carolina BlueCross BlueShield Blue Distinction Center designation. For more information, visit www.providencehospitals.com.

About Prevention Partners:

The nonprofit Prevention Partners builds healthier communities through a suite of products that guide schools, workplaces, hospitals and clinics to address the leading causes of preventable disease: tobacco use, poor nutrition, physical inactivity and obesity. Learn more: www.forprevention.org

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