



## FREE Community Education Program

Providence Talks! is a physician-hosted event that lets you hear, first hand, about timely topics in the doctor's specialty. Participants receive a free healthy lunch.

Back by Popular Demand

# The Dangerous Seduction of Sugar

Thursday, March 15  
12–1pm

Learn why sugar is harmful, where sugar is hiding, and what you can gain by watching your intake.

Dana M. I. Nairn, MD, is board certified in Internal Medicine and in Integrative Holistic Medicine.

Join Dr. Nairn and Registered Dietitian Kay MacInnis for a discussion and open Q&A on the dangers of sugar and the places in which it lurks.

All guests receive a free lunch, sponsored and provided by Whole Foods.

**Space is limited, and pre-registration is required.**

Call **800.424.DOCS** to reserve your spot today.



Dana M. I. Nairn, MD

Providence Health-Northeast  
1st Floor Classroom  
120 Gateway Corporate Blvd  
Columbia, SC 29203



YourProvidenceHealth.com

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-803-256-5300. (TTY: 1-800-772-5677).

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